



Speaking Your Truth Chapter Submission Checklist

1. Did you read the submission requirements and properly format your submission?
Requirements found on www.speakingyourtruthbook.com.
2. Do you have a powerful opening paragraph that hooks the reader and compels them to read on?
3. Do you clearly convey your theme or message at the beginning of the story? What will be the journey the reader is about to embark upon? This provides focus for your story instead of many scattered mini-stories within your chapter.
4. Have you avoided preaching, teaching and coaching? Your story told powerfully will do all that without you switching gears into that mode.
5. Have you removed most “you’s” and replaced with “I”? This is similar to #4. This story is about you, so make sure you don’t project your experience to your audience.
6. Have you used “show me” language instead of “telling”? Use vivid imagery and colorful adjectives that paint a picture in the mind of the reader.
7. Be sure you dig deep. Avoid skimming over important (and sometimes painful) moments that were pivotal to the event or experience.
8. Have you connected the dots? Eliminate unnecessary details that distract from your theme.
9. Have you given your chapter to some peers for feedback and editing help?
10. Did you use spell check and gave your piece one last look before sending?
11. Do you show a silver lining, hope or inspiration in the end?

If you have reviewed the submission guidelines and this checklist, you are now ready to submit your chapter for an initial read. We cannot guarantee that your chapter will be accepted.

Thank you, and we look forward to hearing from you! Lisa Shultz and Andrea Costantine